

	Mon. - Fri.	Wed.	Sat.	Sun.
7:00	Wake-up			
7:30-8:15	Breakfast Students gather in the Living Commons for roll call.		 Cafeteria	Breakfast 8:00 - 9:00 Students serve themselves.
8:40-10:20	First period class		First period class	Free time (club activities, etc)
10:30-12:10	Second period class		Second period class	
12:10-13:00	Lunch Students freely have lunch on their own.			- 12:00 Roll call
13:00-14:40	Third period class	Cleaning Students clean the dormitory units and shared areas.	Free time (events, club activities, etc)	Free time (club activities, etc)
14:50-16:30	Fourth period class	Extracurricular / club activities, etc		
16:30-18:00	Extracurricular / club activities, etc Group activities for class Sports activities Cultural activities Taking shower, doing laundry, etc.		 18:45 Curfew	
18:30-19:30	Dinner 18:30 - 19:00 Students gather in the cafeteria for roll call.			
19:30-21:30	Learning sessions (Required) 21:30 Students gather in the Living Commons for roll call.		Free time (events, etc.)	Free time
21:30-23:00	Free time (self-learning, etc.)		 Onsen	
23:00	Lights-out (common areas) Security and RA check each unit. Students are free to keep lights on in their room.			