

Measures at ICT Concerning the Corona Virus (COVID-19)

<Hakusanroku Campus>

1. To Prevent Infection

- (1) Wash hands with soap and use hand sanitizer.
- (2) Wear a mask and follow proper coughing etiquette.
- (3) Take care of your health and monitor your condition.
(Sleep well, eat a balanced diet, do not build stress, measure temperature everyday)
- (4) Refrain from leaving campus unless it is necessary and avoid large crowds of people or acting in groups.

2. Points to Keep in Mind: At School

- (1) To Prevent Infection
 - The hand dryers in the restrooms are turned off to prevent spreading the virus. Please bring handkerchiefs or hand towels.
 - Use the hand sanitizers placed in front of the school entrance, cafeteria, toilets, dormitory entrance, etc.
 - Wear a mask at all times.
 - We will measure students' temperature every morning at rollcall. Please come to breakfast every morning.
 - Teachers will also instruct you to ventilate classrooms during class. Please do the same with your dormitory rooms.
 - Avoid from talking with your friends at close distances or making physical contact with others.
- (2) About deciding whether you should not go to school or not
 - If you have any of the following symptoms, call the school office (2010), stay in your room, and wait for instructions.

These are our school's guidelines dealing with the Corona Virus. (COVID-19) Do not go to school if,

- you have a fever of more than 37.5 degrees,
- you have difficulty breathing or symptoms similar to that of a cold such as sneezing or coughing, or
- you feel unusually weary.

*Suspect infection if you have these conditions.

3. About Extracurricular Activities

(1) About extracurricular activities

- club activities and extracurricular activities are currently postponed.
- When working on personal projects, avoid talking with your friends at close distances or making physical contact with others. Also, ventilate your workspace and take safety measures to protect yourself from infection.